

ATHLETIC CLEARANCE

ALL STUDENTS MUST CREATE A PROFILE IN ATHLETIC CLEARANCE IN ORDER TO TRYOUT FOR ANY SPORT. ***THIS PROCESS MUST BE COMPLETED EACH YEAR.**

[Physical Form - FHSAA Form EL2](#)

Lakeside Junior High School www.athleticclearance.com Instructions:

Directions to getting started:

1. Go to athleticclearance.fhsaahome.org
2. Click on FL
3. Register for an account (unless you already have one)
4. Select: "Start Clearance Here"
5. Select year: 24-25
6. Select school: Lakeside Junior (Orange Park) *(*keep scrolling down until you find it)*
7. Select sport: (all sports that you think you will play)
8. Fill out all of the STUDENT'S information
9. Fill out all of the PARENT'S information
10. Fill out all of the MEDICAL information
11. Student must sign all of the required documents
12. The parent must sign all of the required documents
13. Upload your paperwork

Uploading your physical paperwork (EL2) to AthleticClearance.com

****PHOTOS MUST BE IN PDF OR JPEG FORMAT**

- FHSAA Sports Physical paperwork (EL2) must be uploaded to AthleticClearance.com
- You can scan or take a picture of the physical paperwork (FHSAA Form EL2) and every other required document
- Upload a picture of Insurance Card
- Student must watch all 4 mandatory videos from NFHSLearn.com and download or take a picture of the certificates and upload
 - Concussion in Sports
 - Heat Illness Prevention
 - Sudden Cardiac Arrest
 - Hazing Prevention for Students (new this year)
- Make sure you click "SAVE" at the very bottom of the screen or uploads won't save
- These have to be updated every year. The certification is good for one calendar year of the date on the certificate.

**YOU MUST BE CLEARED BY OUR ATHLETIC DIRECTOR IN
ORDER TO PARTICIPATE IN TRYOUTS**

Directions for taking the online training courses

1. Go to www.nfhslearn.com
2. Create a login and a password or sign-in if you already have an account.
3. Click on the training course under Free Courses.
4. Click **Order Now** (the video is free).
5. Select an option and click **Continue**.
6. Select **Florida** as your state.
7. Click **Checkout**.
8. Click **Complete Purchase** (there will not be a charge unless you are purchasing other videos).
9. Click **Here** on your receipt page. This takes you to your own account page.
10. The video will be under *My Available Courses*. Click **Begin** to watch the video. The system has the ability to stop at a certain point and pickback up at that point when you come back to the video.

For additional help viewing the course, please contact the help desk at NFHS. There is a tab on the upper right hand corner of www.nfhslearn.com.

**You must complete this process for each of the training courses:

- Concussion in Sports
- Heat Illness Prevention
- Sudden Cardiac Arrest
- Hazing Prevention for Students

After you complete each course download a copy of the certificates.

***Once you have completed all of the required trainings you will have to upload copies of the certificates into your profile on athletic clearance.**

Directions to purchase school insurance IF YOU DO NOT HAVE insurance

Here are the steps for parents to purchase insurance:

1. Go to <https://schoolinsuranceofflorida.com/>
2. On the bottom left of the page select "Clay County School District"
3. Click Find